LEDiL

Guide for office lighting optics

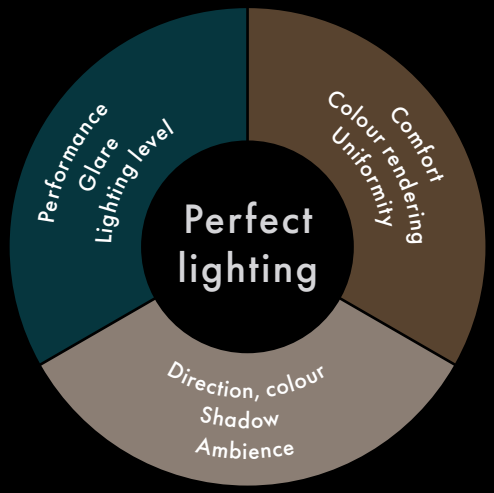
V1-0 / 2025

Office lighting in a nutshell

Office lighting impacts much more than visibility – it shapes comfort, wellbeing, safety, and productivity. Smart lighting follows natural rhythms: warm tones calm mornings and evenings, while cool tones energise the day – a core principle of **Human Centric Lighting**.

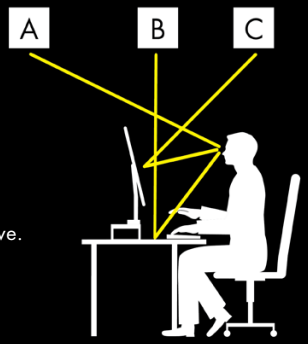
Offices include various spaces – work areas, public zones, hallways, meeting rooms, kitchens, and relaxation spots –each requiring different lighting. Some spaces follow strict criteria, while others offer more flexibility.

Consider visual performance, comfort, and ambience **to create the right lighting for each office space**. Balance light levels, colour, and direction to support both wellbeing and productivity.



Glare

Glare is visual discomfort caused by overly bright areas in the field of vision – like lit surfaces, luminaires, windows, or ceilings. It should be minimised to prevent fatigue, discomfort, and accidents.



Types of glare

Direct (A): Bright lamps – clearly impacts performance; measurable.

Reflected (B & C): Light from glossy or specular surfaces; subjective.

Disability: Impairs visual performance; measurable.

Discomfort: Feels unpleasant, doesn't always affect visual performance; subjective.

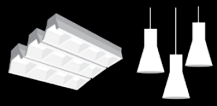
UGR
Discomfort glare criterion

13 Barely perceptible	**19** Barely acceptable (for average eye tasks)	**25** Barely comfortable (for simple eye tasks)	
<10 Imperceptible	**16** Perceptible (for accurate eye tasks)	**22** Unacceptable (for moderate eye tasks)	**>28** Uncomfortable

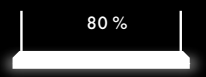
How to reduce glare

Beam
Limit light intensity above potential glare angles

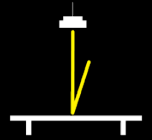
Surface
More uniform surface luminance with same lumen output



Visibility
Shading and shielding

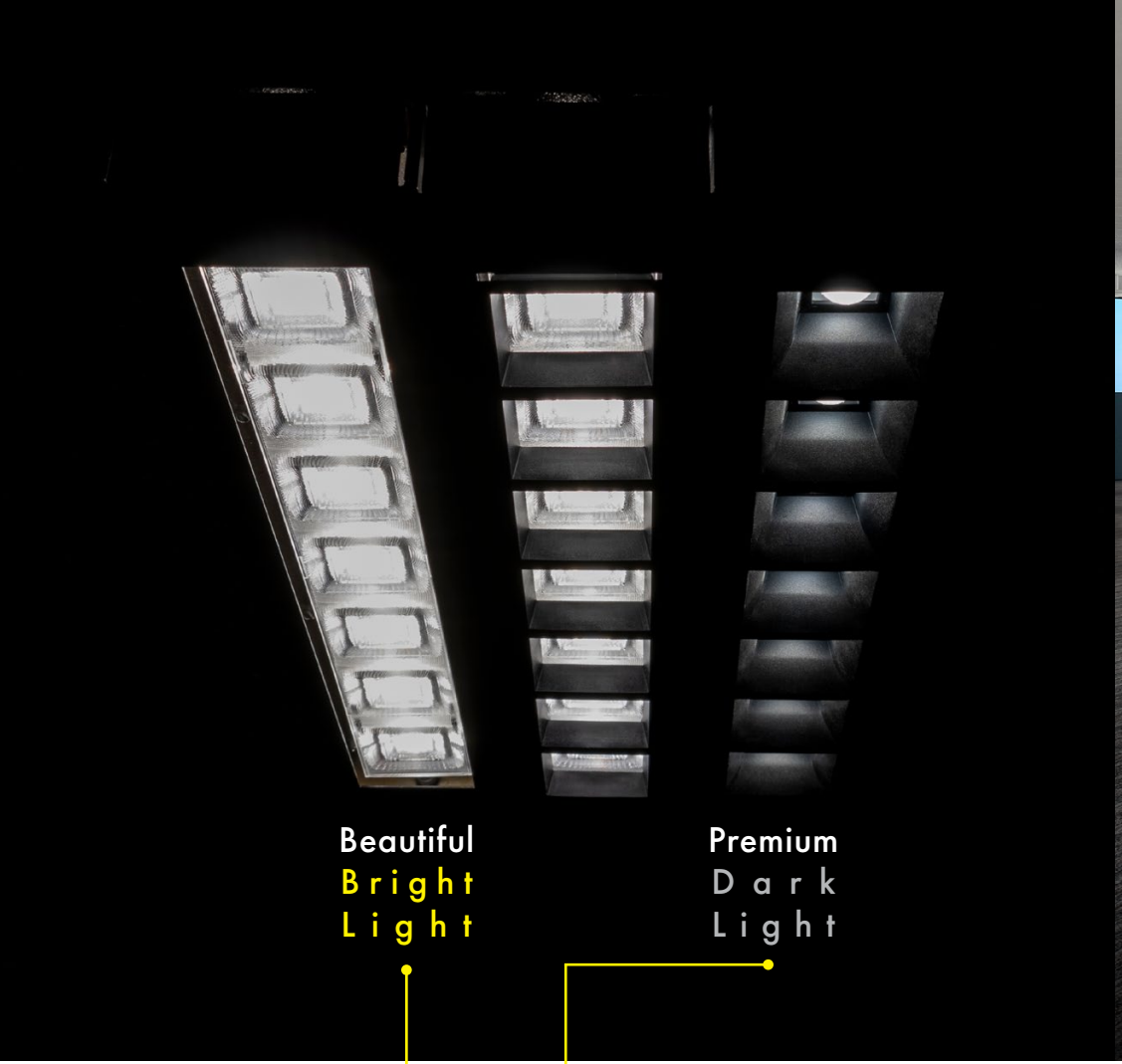


Output
Decrease light output (might require adding more luminaires)



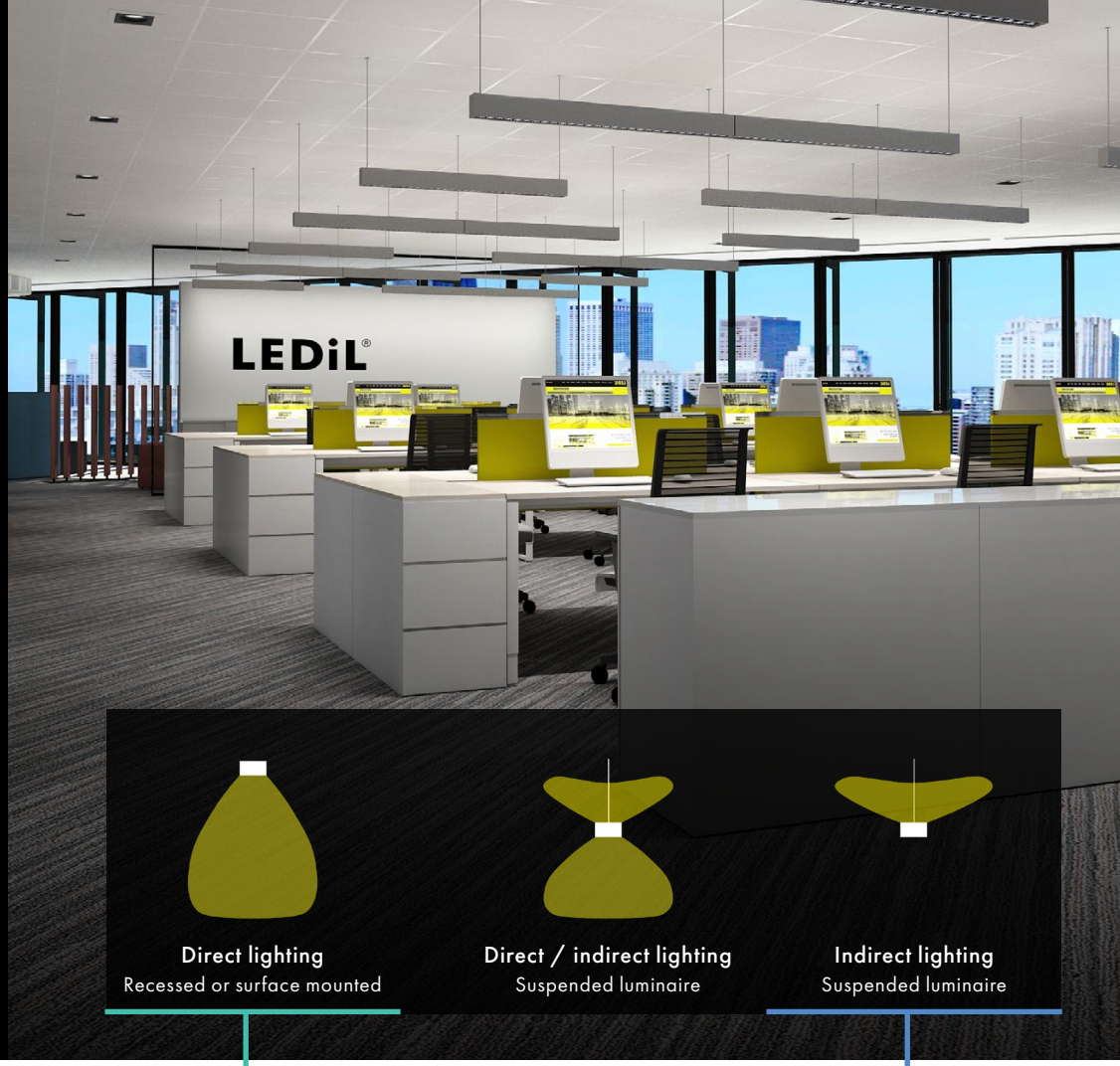
Placement
Avoid glare on task area and increase ambient light

Ambient light
Less contrast ▶ Eyes adapt to brightness more easily



Beautiful
Bright
Light

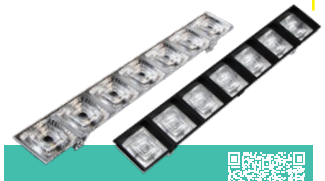
Premium
Dark
Light



Direct lighting
Recessed or surface mounted

Direct / indirect lighting
Suspended luminaire

Indirect lighting
Suspended luminaire



BRIANNA

Beutiful Bright Light family for comfortable office lighting from any angle.

3030 2835

DAISY

Premium Dark Light family for unobstrusive, discreet lighting designs.

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DARCY

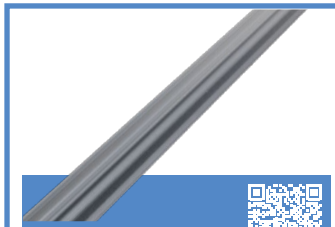
Veratile Dark Light family for superior architectural lighting.

3535 5050

AMY

Low-profile lens family with wide selection of beams for slim track and downlights.

COBs up to 14.5 mm



LINDA-UP

Uplighting beam from LINDA linear extrusion lens family.

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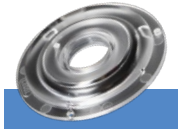

ULLA

Uplighting lens family for cylindrical pendant luminaires.

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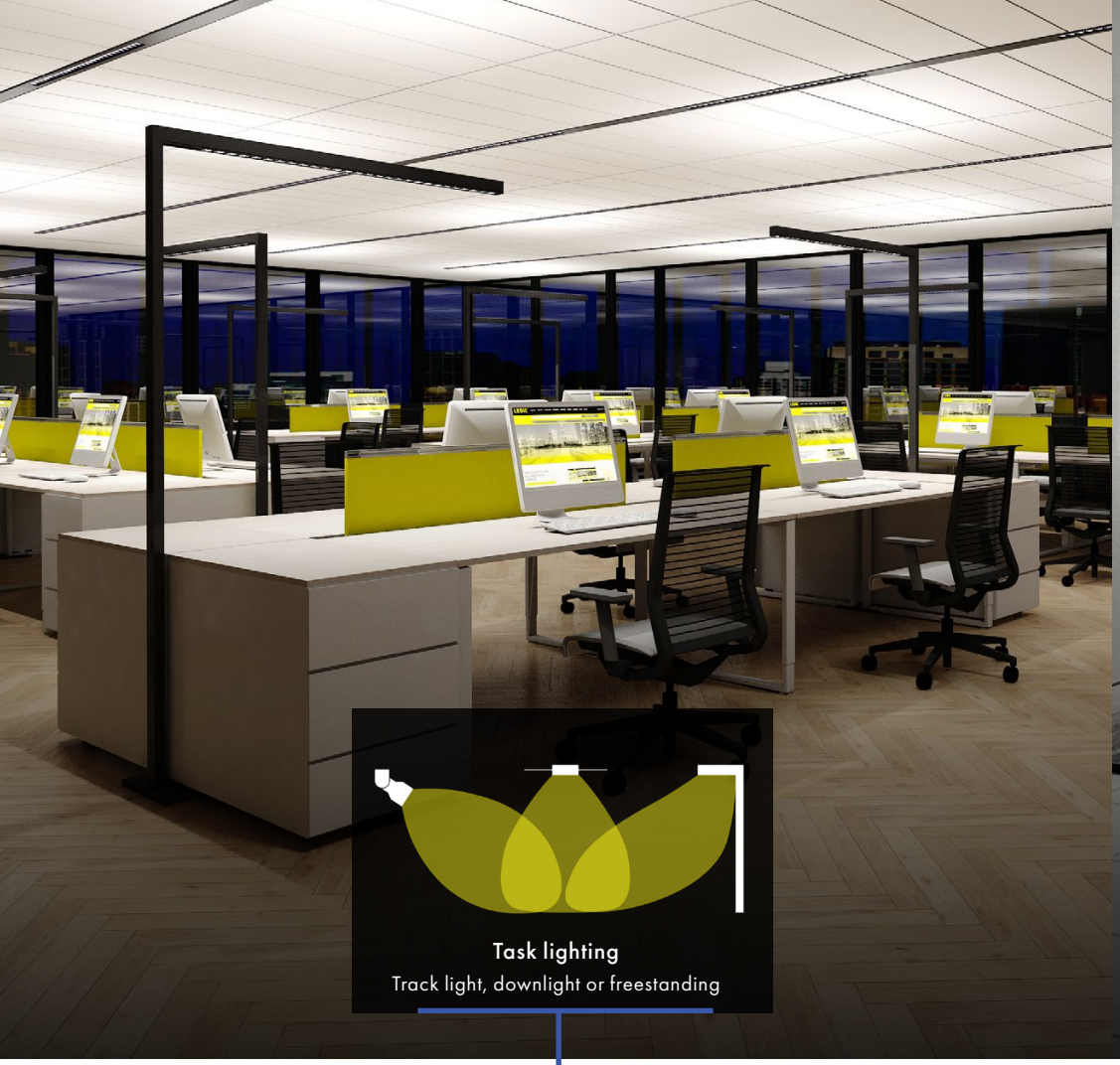
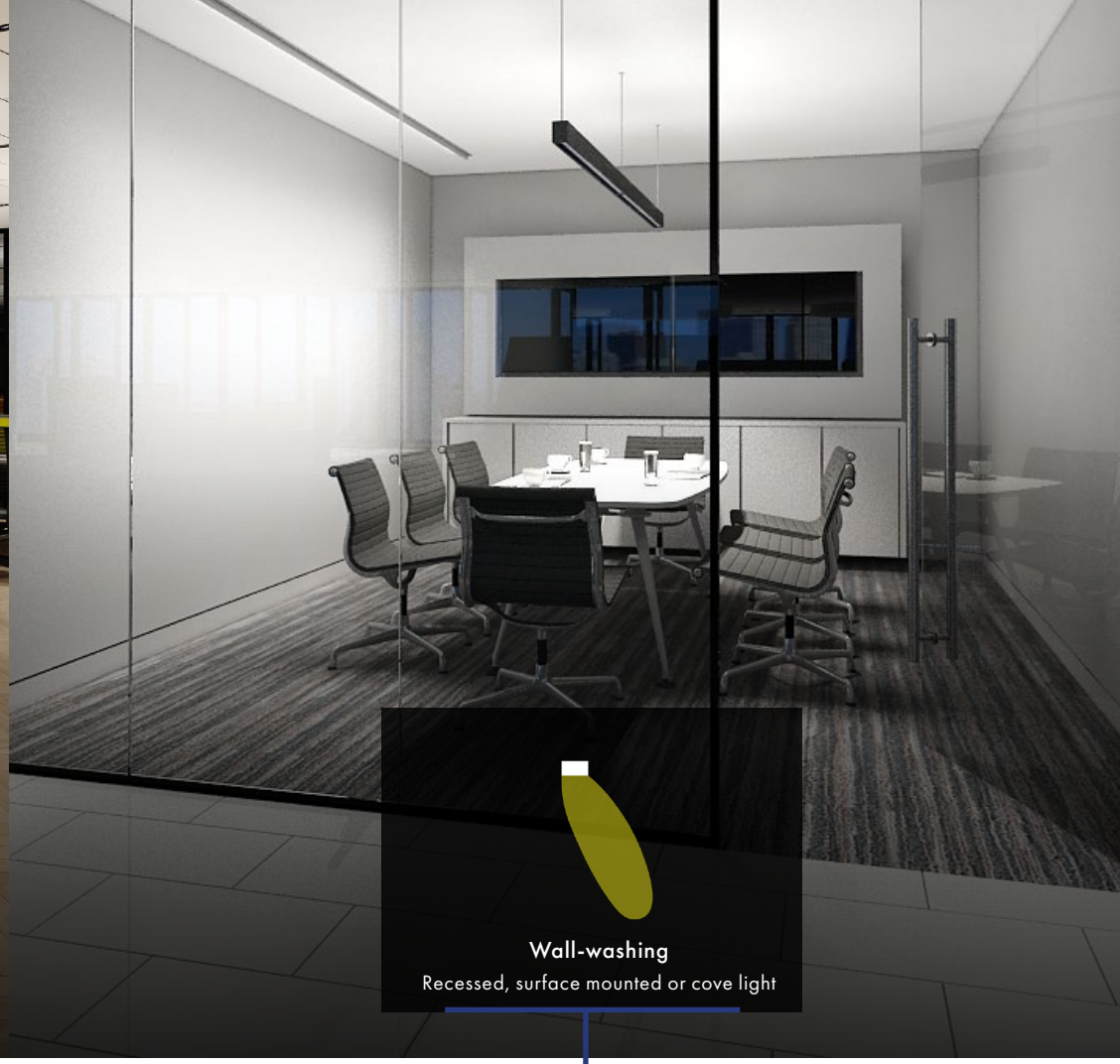


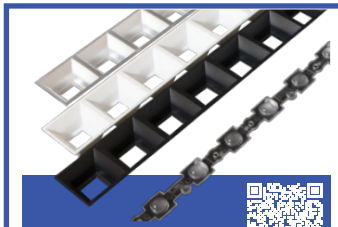
Task lighting

Track light, downlight or freestanding



Wall-washing

Recessed, surface mounted or cove light



DAISY-FT-D

Forward-throw beam from DAISY family for freestanding luminaires.

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YASMEEN

Premium lens family with supreme light quality and look for track lights.

COBs up to 14.5 mm

DAISY-WAS

Wall-washing beam from DAISY family for linear Dark Light luminaires.

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LINDA-ZT25

Wall-washing beam from LINDA family for linear luminaires.

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AMY-WAS

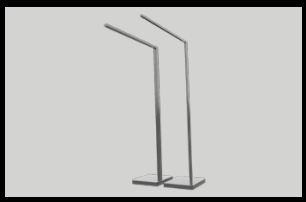
Wall-washing beam from AMY family for downlights.

COBs up to 14.5 mm

Types of fixtures

Downlight

Suspended



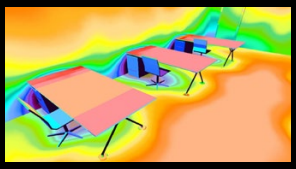
Freestanding

Track light

Recessed or
surface mounted

Technical support

- Simulations to show optic performance in real applications
- Guides and tips for installations
- Thermal analysis for luminaire designs



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